

EXPERIENCE

Colorado Child and Family Investigation, Denver, Colorado, May 2013-present

Owner and Primary Investigator

- Serve Denver, Douglas, Arapahoe, Jefferson, Adams, & Boulder Counties as CFI
- Integrate background in child education and training in mental health care to provide sensitive and informed investigations and reports
- Practice objective investigation and problem solving, clear and concise report writing, and sensitivity in interviewing children, adolescents and adults from a range of different cultural backgrounds
- Contain broad knowledge of child-centered resources in and around the Denver area
- Accept State Pay and Private Pay appointments

Goldflower Counseling and Psychotherapy, Denver, Colorado, August 2015-present

Owner and Psychotherapist

- Provide mental health counseling for adults and young adults; Therapeutic areas of focus: depression, self-esteem, anxiety, anger, identity development, major life transitions, addiction, relationship conflict, parenting, and divorce.

Covenant Presbyterian Preschool, Charlotte, North Carolina, Oct. 2006-May 2008

Early Childhood Teacher

- Facilitated place of learning for children, ages 2-4 years old, by developing and integrating lesson plans based on a creative curriculum ; attended teacher workshops where I learned and later introduced new teaching methodologies into the classroom

Integrative Therapeutic Solutions, Denver, Colorado, Sept. 2011-June 2012

Patient Coordinator

EDUCATION

Regis University, Rueckert-Hartman College for Health Professions, Denver, Colorado

Master of Arts in Community Counseling, Summer 2015

Columbia College, Fine Arts Program, Chicago, Illinois

Bachelor of Fine Arts, May 2006

- Transfer course highlight: *The Developing Child*
- Grew Interested in the use of art and creativity as a means of teaching young children

VOLUNTEER WORK

Judi's House, Volunteer Companion, Fall 2011-Summer 2014

Denver, Colorado

- Served as emotional support for children during loss/grief peer groups

INTERNSHIPS

The Family Crisis Center, Denver, Colorado, Aug. 2014-Aug. 2015

Mental Health Counselor Intern

- Co-facilitated counseling groups for adolescent girls and boys, many of whom came from families where

they have been neglected and/or physically and sexually abused (often related to parent substance abuse and or domestic violence in the household)

- Conducted individual counseling sessions with teenage boys and girls
- Prepared clinical notes, milieu notes, and treatment plans on a weekly basis

CERTIFICATIONS & MEMEBERSHIPS

Department of Regulatory Agencies (DORA)

- Licensed Professional Counselor (# LPC.0015849)

National Board for Certified Counselors (NBCC)

- Nationally Certified Counselor (NCC)

Phoenix Strategies, Mediation Training

- Trained Mediator

Colorado Judicial System Child and Family Investigator Training

- Trained Child and Family Investigator (CFI)

Metro Denver Interdisciplinary Committee

- Active MDIC member

American Counseling Association (ACA)

- ACA Member # 6356517

AWARDS & ACTIVITIES

Presenter, Brown Bag Lunch, Employers Counsel, Denver, September 2018

- Presentation: *The Role of Community and Relationships in Psychotherapy*

Presenter, Narrative Therapy Symposium, Kenwood Center, Minneapolis, May 2015

- Presentation: *Hope and Power in Clinical Supervision*

Therapist Participant, Community Health Simulation, Regis University, Fall 2014

- Medical inter-professional simulation in a hospice setting

Runner Up, ACA Graduate Student Essay Competition, Spring 2014

- Essay: *Creativity in Counseling*

Honorable Mention, ACA Graduate Student Essay Competition, Spring 2013

- Essay: *Advocacy in Counseling*

Presenter, Colorado Center for Reproductive Medicine, Denver, Fall 2011

- Presentation: *Communicating Empathically with Infertility Patients*

Updated November 2019